



FOR IMMEDIATE RELEASE – February 26, 2014

Learn Career Exploration Skills and Build Self-Esteem with WCC's Turning Point Program

Bellingham, Wash. – Registration is now open for free career and life success courses offered by the Whatcom Community College (WCC) Turning Point program. Graduates of the program have gained skills and confidence to launch new careers that deliver financial stability and personal satisfaction. Day and evening options are available.

The **Courage to Change Workshop** teaches practical strategies to renew feelings of self-worth, and offers techniques to help one communicate effectively. Interested participants can choose one of two options: 8:30 a.m.-2 p.m. Monday, April 7, or the evening session on Tuesday, April 8 and Thursday, April 10, 5:30 p.m.-8:30 p.m. The coursework is especially valuable for individuals who have recently experienced life changes such as the loss of a job or change in marital status.

An ideal follow-up to the Courage to Change session is Turning Point's **Career/Life Planning Course**. Students identify their skills, explore career choices, learn interview and resume techniques, and develop a practical plan to achieve career and life success. The day-time Career/Life Planning Course begins with the April 7 Courage to Change Workshop, then continues through April 25, Monday-Friday, 8:30 a.m.-noon. The evening class option will be offered 5:30-8:30 p.m., Tuesdays and Thursdays, April 8-June 5. The class is designed for those in transition and who are no longer supported by the income of another.

These workshops are one of the many services offered by Turning Point, the Whatcom Life Transitions Program, at WCC. For more information about the Turning Point program and to register, contact Robin Bailey at (360) 383-3132. Childcare support and transportation assistance may be available for eligible participants.

About Whatcom: Whatcom Community College is an accredited, comprehensive two-year college with an accomplished faculty and staff who serve 11,000 students annually. On its campus in Bellingham, WA, and through online courses, Whatcom offers transfer degrees, professional and technical training programs, as well as basic education, job skills, and Community & Continuing Education classes. For more information, visit www.whatcom.ctc.edu.

Contact: Robin Bailey, Turning Point Coordinator, (360) 383-3132, rbailey@whatcom.ctc.edu.

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